

Divorce and Beyond is

- a Catholic program, unique in our Cedar Rapids metro area.
- a small-group conversation lead by trained facilitators.
- a 10-week process of self-healing and support.



Plan to attend:

Divorce and Beyond

Informational meeting

& registration opportunity

on Wednesday, February 10th

6:30-7:30 PM

at

St. Ludmila Parish Center,

2107 J Street SW,

Cedar Rapids.



Divorce and Beyond

- Registration for the upcoming *Divorce and Beyond* process is open to all adults from our three parishes who are divorced or who are separated and have filed for divorce.
- *Divorce and Beyond* is a Catholic opportunity, prayer is part of the spiritual healing process.
- The group sessions are led by trained facilitators.
- Each participant who registers commits to attend all sessions.
- In registering, all participants agree to the policy of strict confidentiality within the sessions.

***For more info contact a parish rep:**

Jeannie Waite (St. Ludmila):

waitejm@hotmail.com

Mary Pat Esch (St. Pius X)

marypatesch@gmail.com

or call your parish office:

St. Ludmila: 362-7282

St. Pius X: 393-4445

St. Elizabeth: 393-3778

Divorce and Beyond sessions are “closed” sessions and include only those members who have committed to the entire 10-week program.

Divorce and Beyond focuses on the well-being of the divorced person.

Divorce and Beyond is for those who are working to gain a perspective on their divorce, cope with stresses and anxieties of divorce, understand their own emotions and learn ways to cope and to constructively move on in life.

Divorce and Beyond is built upon the idea that sharing one’s thoughts, feelings, concerns and experiences can help heal the pain of divorce.

Divorce and Beyond weekly sessions each consist of an opportunity for sharing experience, a reading, discussion and a summary of the session. Independent reading and exercises (from the book provided) are recommended in order to prepare for each session.





Divorce and Beyond
Registration

Name _____

Address _____

City, State, Zip

Daytime phone _____

Evening phone _____

*(You may contact me at these numbers for
program changes or cancellations)*

YES NO

Email: _____

_____ Enclosed is my fee of \$10

for the ten-week program (includes book).

Mail this form and your check payable to:

St. Ludmila Church, to the address below.

(memo: Divorce and Beyond)

Sessions will be held at:

St. Ludmila Catholic Church

Parish Center

2107 J Street SW, Cedar Rapids

Wednesdays 6:30 PM – 8:00 PM

Beginning February 24, 2010



*Divorce and
Beyond*

Ten-week session to be held:

at

St. Ludmila Catholic Church

Parish Center

2107 J Street SW, Cedar Rapids

Session begins:

Wednesday,

February 24, 2010

6:30 PM – 8:00 PM

This opportunity is offered to
members of these participating
parishes:

St. Ludmila & St. Pius X (Cedar
Rapids) and **St. Elizabeth Ann Seton**
(Hiawatha).

Divorce and Beyond

is a program offered

with approval and

support of the

Archdiocese of Dubuque